

JENNIFER L. McCLEARY, DC, CCSP®, CSCS®

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Board Certified Chiropractic Physician and Strength and Conditioning Specialist. I manage the health of patients in the general population as well as with elite athletes. My 18 years of professional experience has been in the role of supervisor, clinic director, multidisciplinary team member, educator, yoga teacher, and physician for the purpose of upholding the standards of quality healthcare.

EDUCATION

DC	Logan University, Doctor of Chiropractic	2005
BS	Logan College of Chiropractic, Human Biology	2003
BS	University of Tennessee, Exercise Science	2001

CERTIFICATIONS

- BLS/CPR
- National Board Certification for Parts I-IV, Acupuncture, and Physical Therapy
- Certified Chiropractic Sports Physician® (#4505)
- Certified Strength and Conditioning Specialist® by NSCA (#201175372)
- Performance Enhancement Specialist (NASM-PES)
- USA Track and Field Level 1 Coach (#12535614)
- Functional Movement Systems- Level 1 Certified
- Selective Functional Movement Assessment- Level 1 Certified
- Registered Yoga Teacher, RYT-200® (#189834)
- SafeSport Trained
- USADA Anti-Doping Trained
- International Sports Chiropractic Certificate (ISCS) by FICS
- Fundamentals of Dry Needling by Dry Needling Pro (Level 1)

TEACHING EXPERIENCE

Logan University, Chesterfield, MO

Internship Site Supervisor

2017 to Present

- Review and discuss current research in sport science and rehabilitation
- Oversee both Master's and Doctor of Chiropractic Interns
 - clinical care plans and procedures
 - exercise testing and prescription
 - hands on methods for soft tissue mobilization
 - corrective exercise strategies for spine and extremities
 - case management of special populations

Adjunct Faculty, Master of Science in Sports Science and Rehabilitation

2008-2009

- Instruct on campus lecture and lab for *Sports and Emergency Care* course
- Covering the following topics:
 - on field assessment
 - head and spine injury management
 - dental injuries
 - upper and lower extremity injury and assessment
 - extreme sports
 - athletic taping
- Develop quizzes, exams, and homework
- Coordinate special guest lectures
- Faculty Supervisors
 - Elizabeth Goodman, DC (Dean of University Programs)
 - Laney Nelson, DC (Director of Biofreeze Human Performance Center)

Lindenwood University, St. Charles, MO

2019

Exercise Science Internship Site Supervisor

- Introduce interns to practical application of exercise science degree in clinical setting
- Oversee hands on skills such as vitals, passive therapies, and corrective exercise

Missouri Baptist University, St. Louis, MO

2015

Exercise Science Internship Site Supervisor

- Introduce interns to practical application of exercise science degree in clinical setting
- Oversee hands on skills such as vitals, passive therapies, and corrective exercise

Fontbonne University, St. Louis, MO

2007

Adjunct Faculty, Basic Sciences

- Instruct for the Business Administration program for working adults
- Prepare lectures, quizzes and exams, and labs

TRAINING OF TECHNIQUES

- Activator Methods
- Reinert Specific Diversified Technique
- Logan Basic
- Active Release Technique
- Applied Kinesiology
- Thompson
- ProAdjuster
- Sacro Occipital Technique
- Fascial Movement Taping Basics by *RockTape*
- IASTM
- Basic Acupuncture Certification Course
- Dynamic Neuromuscular Stabilization (DNS A)
- Dry Needling

CURRENT PROFESSIONAL AFFILIATIONS

- USA Track and Field member (#1508264874) -*Ozark Association Adult Sports Council member*
- American Chiropractic Association member
- American Chiropractic Association Sports Council member
- American Board of Chiropractic Sports Physicians member
- International Federation of Sports Chiropractic (FICS) member

PROFESSIONAL SERVICE

Part IV Board Examiner

National Board of Chiropractic Examiners

2016 to 2019

COMMUNITY SERVICE

Disabled Athlete Sports Association

Volunteer (adaptive yoga and track and field)

2019 to 2020

Mission St. Louis

Beyond School program volunteer

2017 to 2019

Grace Hill Settlement House

Board of Directors

2009 to 2011

PROFESSIONAL EXPERIENCE

- Clinic Director, Triad Sports & Family Chiropractic** 2006 to Present
- Office management
 - Patient care
 - Marketing and advertising
 - Community health education
- Mind-Body Specialist at EXOS** 2018 to Present
- Yoga class design and instruction
 - Guided meditation
- Volunteer National Team Medical Staff for USA Track and Field** 2021 to Present
- Sports medicine and chiropractic assessments
 - Collaborative treatment with coaches and medical staff
- Team Chiropractor for Arch Rival Roller Derby All-Stars** 2020 to Present
- Medical volunteer for home season games
 - MSK treatment and injury prevention programs
- Team Chiropractor, Chaminade College Prep Varsity Football** 2015 to 2020
- Co-manage athletes with team ATC
- Sweep Team Coordinator, Rock and Roll Marathon St. Louis** 2011
- Oversee a team of medical volunteers for finish line coverage
 - Route medical distressed competitors to triage area
- Team Physician, Normandy High School Varsity Football** 2006 to 2010
- Manage acute injuries, rehabilitation and return to play
 - Oversee medical emergencies for home games
- Medical Coordinator, AAU Taekwondo MO State Tournament** 2007
- Organize sports medicine team members
 - Assess life threatening spinal injuries
 - Minor first aid and sport injury management

Events:

- Bolivarianos Games (Pereira, Colombia) 2005
- US Figure Skating Championships (St. Louis, MO) 2006
- Central American and Caribbean Games (Cartagena, Colombia) 2006
- USA Taekwondo National Qualifier (Cleveland, OH) 2006
- USA Taekwondo National Qualifier (Kansas City, MO) 2007
- Taekwondo US Open (New Orleans, LA) 2008
- NAIA Track and Field National Championship (Edwardsville, IL) 2008
- AAU Taekwondo National Championships (Madison, WI) 2008
- Dancing with the Stars National Tour (St. Louis) 2009
- USA Judo National President's Cup Championship (Marietta, GA) 2009
- USA Volleyball Mizuno Mid-East Qualifier (St. Louis, MO) 2010
- USA Taekwondo Nationals (Dallas, TX) 2011
- US OTC Sports Medicine Volunteer (Colorado Springs, CO) 2012
- US OTC Sports Medicine Volunteer (Chula Vista, CA) 2014
- BMX Recon Tour (St. Louis, MO) 2014
- Taekwondo US Open (Reno, NV) 2014
- Taekwondo US Open (Las Vegas, NV) 2018
- USATF Master's National Championships (Spokane, WA) 2018
- US OTC Sports Medicine Volunteer (Lake Placid, NY) 2018
- Beach Volleyball Collegiate Showcase (Santa Monica, CA) 2019
- Taekwondo US Open (Las Vegas, NV) 2019
- USATF Olympic Team Trials (Eugene, OR) 2021
- USA Taekwondo National Championships (San Antonio, TX) 2021
- World Para Powerlifting Championships (St. Louis, MO) 2022
- World Athletics Track & Field U20 World Championships (Cali, Colombia) 2022
- Taekwondo US Open (Las Vegas, NV) 2023